

FEATURING LOCAL MEATS, PRODUCE AND CAGE FREE EGGS
Whenever available

Blackstock Grill

BREAKFAST

<p>OMELETS \$3.49 Build your own with a choice of ingredients.</p>	<p> EGG BEATERS 30 Calories* \$1.49</p>
<p> EGGS, ANY STYLE \$1.49 2 large eggs, prepared to order. 203 Calories*</p>	<p> OATMEAL 120 Calories* \$1.59</p>
<p>BREAKFAST BURRITO \$3.69 2 large scrambled eggs with your choice of ingredients and wrapped in a flour, spinach, wheat, tomato basil or jalapeno tortilla.</p>	<p> CREAM OF WHEAT 80 Calories* \$1.59</p>
<p> BUTTERMILK PANCAKES \$1.99 2 large, fluffy pancakes served with whipped margarine and syrup. 620 Calories*</p>	<p>BACON \$1.09 3 Slices 171 Calories*</p>
<p> BELGIAN WAFFLE \$2.99 Served plain or with fruit topping. 208 Calories*</p>	<p> SAUSAGE PATTIES \$1.79 2 Patties 208 Calories*</p>
<p>BISCUITS AND COUNTRY GRAVY \$1.99 2 Homemade buttermilk biscuit topped with sausage gravy. 350 Calories*</p>	<p>TURKEY SAUSAGE \$1.79 3 Links 218 Calories*</p>
<p>Half order \$1.49</p>	<p> HASH BROWN PATTY 180 Calories* \$.79</p>
<p>BACON, EGG AND CHEESE SANDWICH \$2.09 Served on a biscuit or English muffin. 390/410 Calories*</p>	<p> FRESH BAKED BISCUIT 100 Calories* \$.79</p>
<p>SAUSAGE, EGG AND CHEESE SANDWICH \$2.09 Served on a biscuit or English muffin. 500/520 Calories*</p>	<p><i>Substitute EGG BEATERS or EGG WHITES at no additional charge!</i></p>
<p>EGG WHITE FRITTATA SANDWICH \$2.49 Eggs whites with red pepper and chives, sautéed spinach and Swiss cheese on an English muffin. 238 Calories*</p>	

*The caloric information is based on standard product formulations and serving sizes. Variation in serving sizes, preparation techniques and sources of supply may affect the caloric values for each product. Product formulation changes periodically. You should expect some variation in the caloric counts of the products purchased here.