

Fast Lane at Longden

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FOR THE WEEK OF MARCH 9TH – MARCH 16TH

MONDAY


MEAT LASAGNA

VEGETABLE LASAGNA 

ROASTED RED POTATOES

FRESH BROCCOLI

ROASTED PLUM TOMATOES

GARLIC BREADSTICK 

ESCALOPED APPLE

TUESDAY

SESAME ROASTED PORK LOIN

STEAMED GREEN BEANS

STEAMED CORN

MASHED POTATOES

CREAM GRAVY

BROCCOLI, RED PEPPER

AND JACK CHEESE MUFFINS

CHERRY CRISP

VEGETARIAN

PASTA PRIMAVERA

WEDNESDAY

CHEDDAR SCRAMBLED EGGS

PANCAKE

WITH WARM SYRUP

CRISP BACON

TATER TATS

SAUSAGE GRAVY

WITH BUTTER MILK BISCUITS

PEACH CRISP

THURSDAY

FETTUCCHINE ALFREDO
MEAT SAUCE WITH SPAGHETTI
FRESH BROCCOLI
GRILLED BASAMIC & BASIL YELLOW SQUASH
GARLIC BREAD 🌱
CINNAMON BREAD PUDDING
VEGAN TACOS

FRIDAY

BLACKEN TILAPIA
RICE PILAF
STEAMED BROCCOLI
HERB ENCRUSTED
ROMA TOMATO
JALAPENO CORNBREAD
RUM RICE BREAD PUDDING
TOFU, VEGETABLE & CURRY
STIR FRY W/ RICE 🌱

SATURDAY

PIZZA NIGHT

CHEESEBURGER FLAT BREAD
CHEESE PIZZA
PEPPERONI PIZZA
SPINACH AND RICOTTA PIZZA
CINNAMON BREAD STICKS

SUNDAY

CHICKEN FRIED STEAK
MASHED POTATOES
CREAMY PEPPER GRAVY
DRY ROASTED CORN
STEAK HOUSE SPINACH
BUTTERMILK BISCUIT
STRAWBERRY SHORTCAKE
VEGA BURRITOS

PRICE – \$7.29 TIME – 5:00 – 7:30 PM MON – SUN