













THIS WEEK ON THE THEME BAR!

FOR THE WEEK OF MAY 4-10


MONDAY


Lunch

Mediterranean Bar:

-   Plain Hummus
-   Red Pepper Hummus
-  Greek Salad
-   Chopped Romaine Lettuce
-   Diced Red Onions
-  Shredded Mozzarella Cheese
- Pita pocket bread
- Pita Flat Bread











Key

 = Vegan

 = Vegetarian

Dinner

Veggie Fondue Bar:

-  Cheese Sauce
-  Nacho Cheese Sauce
-   Steamed Broccoli
-   Steamed Cauliflower
-   Steamed Green Beans
-   Steam Carrots



TUESDAY

Lunch

Taco Bar:

Beef Taco Meat





Flour Tortillas

Hard Taco Shells

  Refried Beans

  Mexican Rice

Chicken Taco Meat

  Red Onions,   Jalapenos,

  Shredded Lettuce,  Mixed Cheese

  Salsa,  Sour Cream

Dinner

Sausage Bar:

Hot Dogs

Brats

Italian Sausage

  Peppers & Onions

 Baked Beans

Chili

  Sausage Buns



WEDNESDAY

Lunch

Fajita Bar:

Fajita Chicken

Fajita Beef

  White Rice

  Peppers & Onions

  Jalapenos

  Salsa

  Shredded Lettuce

 Sour Cream

 Mixed Cheese

Dinner

BBQ Bar:

Pulled Pork

Pulled Chicken

  Wheat Buns

  Collard Greens

 Mac & Cheese

  Black-Eyed Peas

  Southern Rice



THURSDAY

Lunch

Potato Bar:

 Texas Cheese

 Cheese Sauce

  Tator Tots

  Steamed Broccoli

  Green Onions

  Jalapenos

  Salsa


 Whipped Margarine

 Sour Cream

Dinner

Breakfast Bar:

 Scrambled Eggs

 Peppers & Onions

Biscuits

Sausage Gravy

  Hash Brown Patties

Ham

 Cheese Sauce



FRIDAY

Lunch

Nacho Bar:

 Taco Chips

Taco Meat

 Cheese Sauce

  Jalapenos

 Mixed Cheese

 Sour Cream

  Diced Red Onions

  Salsa

Dinner

Chili Bar:

Red Chili

White Chili

  Elbow Macaroni

  Cilantro Rice


  Jalapenos

 Mixed Cheese

 Sour Cream

  Diced Red Onions

  Salsa

  Banana Peppers



SATURDAY

Breakfast

Breakfast Bar:

👉 Scrambled Eggs

👉 Cheese Sauce

👉 French Toast

🚫👉 Hash Brown Patties

👉 Biscuits

Sausage Gravy

👉 Pancakes

🚫👉 Peppers & Onions

Sausage Links

SUNDAY

Breakfast

Breakfast Bar:

👉 Scrambled Eggs

👉 Cheese Sauce

🚫👉 Hash Brown Patties

👉 Biscuits

Sausage Gravy

👉 Pancakes

🚫👉 Peppers & Onions

Ham